



From the Rabbi

Be a Candle!

Just before Rosh Hashanah I read a commentary on the meaning of the shofar that I shared with a bar mitzvah student: Be a shofar! In other words, be a vessel through which breath flows. A shofar is also a metaphor for the biblical prophets who called people to kindness, justice, and peace. Breath in Jewish tradition is soul; breath connects us to the divine. Therefore, to be like a shofar we are channeling the divine, to call on others to wake up, stand up, be kind, work for justice.

Bringing that same kind of teaching to Hanukkah, hassidic commentaries call on us to be a candle, lighting up the darkness of the world. Be the shammash, the helper candle that lights the other candles. Bring light to others; help them to also light up the world.

Hanukkah represents a dark time in our history that gave way to light and to hope. Many of us are feeling darkness in this time. Divisiveness, expressions of hate including increased anti-Semitism, and acts of violence; environmental degradation;

millions of people around the world struggling for freedom. These are all things that darken our world, and can darken our souls, bring us into a place of despair or fear.

This month we recall the Menorah that was lit and dedicated by the Maccabees. Let us also dedicate ourselves to being candles. The mitzvot are instruments given to us to aid us in kindling the divine light within, to nurture each of us to shine more brightly, and to help others to do the same.

How can we do this? Maybe that is a question you ask as you light candles on Hanukkah. Maybe each night of the holiday can be dedicated to a particular way of bringing light –acts of kindness, tzedakah, even a moment of mindfulness that helps us be more present to nurture the light within.

Wishing all of you candles a meaningful and light-filled Hanukkah.

(And if you can think of how we can be other symbols of other holidays, let me know!)

Rabbi Alison Adler

Are You Interested in an Adult Bar/Bat Mitzvah Class??

Maybe you never celebrated one, maybe you want a "do over" as a more meaningful experience. If so contact rabbi.adler@tbabeverly.org to find out more details.

We hope to start a class in 2020!

From the Executive Director

Dear Members,

We are so excited to have our new database up and running. This project has taken several years to complete, and we are now ready to share it with you. To start, type Templebnaiabraham.shulcloud.com into your browser and follow the instructions. Once you have logged in please verify your information and update it. Having accurate information for our members is the only way we can keep you up to date on temple happenings and informed on upcoming events. You can also use this database to access our Membership Directory.

We have recently begun using the event registration feature. You should see an RSVP HERE button on the bottom of event notification emails that you have begun receiving. This will allow you to immediately RSVP for an event directly from that email. And although it is not currently available, we hope to have the donations and payment portals up and running soon. This will allow you to make payments and donations electronically, easily and safely from your device.

If you have any questions email Deb Schutzman at deb.schutzman@tbabeverly.org, Jane Cohen at editor@tbabeverly.org or Paul Cohen at techsupport@tbabeverly.org.

We look forward to hearing from you.
Deb Schutzman

From the Board

November Board Meeting Summary

In the interest of promoting further transparency to the congregation about what is happening at the Board of Directors level, here is a brief summary of key highlights from the November Board of Directors meeting. We will attempt to include this each month in the Bulletin going forward

Seven new members have recently joined the temple. More information about our new families will be provided in a future issue of the newsletter.

The Board reviewed a detailed first quarter finance report. Both expenses and accrued income are on target with budget. The Executive Director reported that 42% of our membership has paid their dues in full and another 25% have elected to sign up for ACH (electronic billing). The Finance committee stressed the need to move all members who have not elected to pay in full to ACH to ensure our income stays on target with budget. In years past, we have had difficulty projecting when dues income will come in which is why we have moved to a predictable electronic billing system. The Finance Committee will meet to address ACH participation as well as the need for ongoing fiscal strategies to meet budget projections.

The Board had a spirited and detailed discussion on the status and current position regarding our rental parking contract. Feedback from the open meeting was reviewed. Additional input on member feedback from Ken, Rabbi Adler and other Board members was discussed as well. Board members will be reaching out to have one-on-one conversations with concerned members of the congregation.

A second discussion regarding our process in how decisions are reached was felt important enough to assign a short committee to analyze and make recommendations for the December Board meeting.

Respectfully submitted by *Bonnie Goldsmith* on behalf of the TBA Board

In the Shul

"Introduction to Jewish Meditation" Sunday, Dec 8, 9 – 10:30 am

This one-time class will introduce the TBA community to the history and practice of Jewish meditation; that meditation it's not just a "zen thing" or a more recent mindfulness practice. The class will also give beginners to meditation an opportunity to learn some basics so they might be more comfortable to coming to Sunday Morning Meditation.

Sunday Morning Meditation Continues! Every Sunday from 7:30-8:15 am.

No experience necessary. An opportunity to sit in silence and begin the day with gratitude and quiet.

A replenishing gift to ourselves!

Look for an *Introduction to Jewish Meditation* class this Fall. We will discuss the ancient tradition in Judaism of meditation and how it deepens our prayer practice along with a contemporary understanding of mediation and how it contributes to our overall well-being. We will also practice basic meditation techniques.

Please contact Jerry Schwartz at 978-500-8769/978-468-6089 with any questions.

Documenting and Preserving the North Shore's Jewish History – Sunday, December 15 at 10 AM

Stephanie Call, Associate Director for Archives and Education with the Wyner Family Jewish Heritage Center will provide an overview of the North Shore collections of archival materials. She will demonstrate how to search and access materials pertaining to the history of Jewish families and communities. Attendees will be given an opportunity to engage with archival materials. This program is free and open to the entire North Shore Jewish community. Co-Sponsored by The Sons of Jacob Enrichment Fund, Temple B'nai Abraham and the Jewish Journal. A light breakfast will be provided. RSVP to office@tbabeverly.org or 978-927-3211 ext. 3.

Cantor Siegel Genesis Class Continues!

Thursdays in the TBA Library, at 10 AM. Drop-ins and newbies are always welcome! Free and open to all!

SAVE THE DATE:

Hanukkah Menorah Lighting Monday December 23, at 5:30 PM at the Beverly Common

Social Action Shabbat- Friday Night, January 17

Sisterhood



Ladies, Latkes, and Libations –

Thursday, December 19, 7:00 PM at the home of Phyllis Freeman, 13 Holly Lane, Beverly
Join us for a festive evening of latkes and libations as we celebrate
the miracle of Chanukah together.

RSVP to office@tbabeverly.org or 978-927-3211 ext. 3.

TBA Book Club – Thursday, December 5, 7:30 PM at the home of Paula Ivey. To RSVP and directions, contact Paula at pdcivey@gmail.com. We will be discussing *The Flight Portfolio* by Julie Orringer

Save the Date:

Comedy Night – January 25, 2020, 8:00 PM, with a well-known NYC comedienne promises to be a fun-filled evening. Bring your friends and captain/host a table! Let us know who will be sitting with you. Tables seat up to 10 people. You don't have to fill a table to reserve one! RSVP to office@tbabeverly.org or 978-927-3211 ext. 3.

In the Community

The Al and Heshie Memorial Clothing Drive NEEDED!!! SOCKS, HATS, MITTENS, and SCARVES

PLEASE HAVE YOUR DONATIONS AT THE TEMPLE BY **December 15**

We will be distributing them on **December 16**

We will be collecting hats, scarves, gloves, socks, mittens, etc.
for the next Monday Night Supper on December 24th.

There will be a box labelled, "Monday Night Supper" in the lobby. Please help us keep our guests warm during the cold harsh winter and donate socks, hats, mittens and scarves.



The Monday Night Supper is something TBA has been involved in for years. We set-up, prepare, and serve dinner to people who may otherwise not have a hot meal.

On the third Monday of every month members of Temple B'nai Abraham serve dinner at the Monday Night Dinner at the First Baptist Church.

If you can come help out, it would be appreciated.

We are at the church from **4:30-7:00pm**.

We always need help with:

setting the tables, preparing the food, serving the food and clean-up.

ALL ARE WELCOME (school-aged children and adults.)

Please let Allison Wolper know if you can help out or would like more information

(978) 587-2112 or clarkie95@verizon.net

The Congregation is Grateful for the Following Donations

GENERAL FUND

Fran and Jordy Baker to Bonna Terben,
get well wished to a wonderful woman
Phyllis and Bob Freeman to Sarazita
Freedland, Mazel Tov on the Bat
Mitzvah of your granddaughter
Phyllis and Bob Freeman to Annette
Kossover, thinking of you!

ONEG & KIDDUSH FUND

Ilene & Richard Goldberg in honor of their
son Aaron and Michelle Dubrow's up
comming wedding
Breitkopf Family in honor of Allegra's Bat
Mitzvah

RABBI'S DISCRETIONARY FUND

Gail Goldstein to Rabbi Adler, thank you
for attending Emerson's Brit and for
your beautiful blessings

YAHARZEIT FUND

Ruth Maibor in memory of William
Goldenberg
Harvey Maibor in memory of Nathan
Maibor
Leo Berman in memory of Rose Berman
Judith Finer in memory of Riva Alwach
Nancy Black in memory of Israel Garelick
Regina Cole in memory of Frederick Cole
Scott Barron in memory of Norman Barron
Amy Blake in memory of Anna Price
Robert Freedman in memory of Morris
Sigman
Cynthia Lann in memory of Annie Lan
Roberta Sigman Jones in memory of Morris
Jones

Thank you for your donations - Please excuse any omissions or errors

ALERT: This is the last bulletin we will be sending by mail.

Beginning in January we will be posting the full text of the bulletin
on our website which you will be able to read
and/or download to your computer.

If you want to receive the bulletin in the mail:

Send your request to: office@tbabeverly.org

or 978-927-3211 ext. 3.

December 2019 3 Kislev 5780 - 3 Tevet 5780

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <small>3 KISLEV</small> Office Closed/Morning Meditation 7:30 am	2 <small>4 KISLEV</small>	3 <small>5 KISLEV</small>	4 <small>6 KISLEV</small> Office Closed/Meah 7-9:30 pm	5 <small>7 KISLEV</small> Adult Ed. with Cantor Siegel 10:00 am/Religious School 4-5:30 pm	6 <small>8 KISLEV</small>  3:52	7 <small>9 KISLEV</small>  Vayetze ca htmun
8 <small>10 KISLEV</small> Morning Meditation 7:30 am/ Religious School 9-Noon/Parenting Through A Jewish Lens 10:30-Noon	9 <small>11 KISLEV</small>	10 <small>12 KISLEV</small>	11 <small>13 KISLEV</small> Office Closed/Meah 7-9:30 pm	12 <small>14 KISLEV</small> Adult Ed. with Cantor Siegel 10:00 am/Religious School 4-5:30 pm	13 <small>15 KISLEV</small>  3:52	14 <small>16 KISLEV</small>  Vayishlach ca htmun
15 <small>17 KISLEV</small> Morning Meditation 7:30 am/ Religious School 9-Noon/Jewish History Program	16 <small>18 KISLEV</small> Monday Night Supper First Baptist Church 4:30-6:30 pm	17 <small>19 KISLEV</small>	18 <small>20 KISLEV</small> Office Closed/Meah 7-9:30 pm	19 <small>21 KISLEV</small> Adult Ed. with Cantor Siegel 10:00 am/Religious School 4-5:30 pm/ Ladies Latkes and Libations 7:00 pm	20 <small>22 KISLEV</small>  3:55	21 <small>23 KISLEV</small>  Vayeshev ca htmun
22 <small>24 KISLEV</small> Office Closed Morning Meditation 7:30 am	23 <small>25 KISLEV</small> Chanukah - Day 1 Community Menorah Lighting 5:30 pm Beverly Common	24 <small>26 KISLEV</small> Chanukah - Day 2 Office Closed	25 <small>27 KISLEV</small> Chanukah - Day 3 Christmas Day Office Closed	26 <small>28 KISLEV</small> Chanukah - Day 4 Office Closed	27 <small>29 KISLEV</small> Chanukah - Day 5  3:59 Office Closed	28 <small>30 KISLEV</small> Chanukah - Day 6 Rosh Chodesh Tevet - Day 1 Miketz ca htmun
29 <small>1 TEVET</small> Chanukah - Day 7 Rosh Chodesh Tevet - Day 2 Office Closed	30 <small>2 TEVET</small> Chanukah - Day 8 Office Closed	31 <small>3 TEVET</small> Office Closed				



**This Winter/Spring at Temple B'nai Abraham Beverly:
Judaism and Science Talk To Each Other: a Class for
Believers, Skeptics, Scientists, and Thinkers of all Kinds**

Rabbi Richard "Rim" Meiorowitz

Wednesday evenings, 7:00 - 9:30 p.m., beginning February 5

Much discussion about science and religion in the past century has fallen into two schools of thinking. One is that science and religion are incompatible and in opposition to each other. We see that in the battle between evolution and creationism. Another school of thought is that religion and science are two distinct ways of looking at the world that don't intersect or speak to each other. Stephen Jay Gould says that science discovers how things work. Religion talks about how things ought to be. They have different sources of authority. He calls them "non-overlapping magisterial."

This course will attempt to have science and Judaism overlap each other, talk to each other, and inform each others' thinking, with each class focused on one specific idea, such as what neuroscience tell us about the soul.

For a more detailed course description, and to Register:

hebrewcollege.edu/programs/meah-select/classes
Or [Click here.](#)

10 class sessions. Tuition \$250 for Temple members, \$350 for non-members. Financial aid is available.

Me'ah, a collaboration of Hebrew College and CJP's Commission on Jewish Life and Learning, enables adults of all backgrounds to take part in a vibrant learning community.

Photo Credit | Flickr: amira_a

Information:

Marilyn Stern, Associate Director, Me'ah
617.559.8614, meah@hebrewcollege.edu



Hebrewcollege.edu/meah | Facebook.com/meah100 | cjp.org



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Deborah Schutzman	Executive Director/ Education Director
Erin Lipkowitz	Admin. Assistant

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Anne Siegel	

**Content for January Bulletin is due
January 12**

Send your content to: editor@tbabeverly.org

Monday Night Supper

Adult and youth volunteers from Temple B'nai Abraham regularly prepare and serve dinner at First Baptist Church on Cabot Street, Beverly.

Please join us on the third Monday of the month.

Our next Monday Night supper date is:

Monday, December 16

We need help in the church kitchen and in the dining room anytime from 4:30 - 6:30 PM

Visit our Facebook page

or watch for our weekly email with information updates.

Service Hours at Temple B'nai Abraham:

Weekdays: Mondays and Thursdays 6:55 AM

Shabbat: Friday 7:00 PM and
Saturday 9:00 AM

Sunday: 9 AM

Temple Office Hours:

Mondays, Tuesdays, Thursdays, and Fridays
9:00 AM – 2:00 PM

Upcoming Events at TBA

Sunday Morning Meditation with Jerry Schwartz

Sundays at 7:30 – 8:15 AM

Cantor Siegel's Genesis Class

Thursdays at 10 AM

**TBA Book Club – *The Flight Portfolio*
by Julie Orringer**

Thursday, December 5, at 7 :30 PM

Introduction to Jewish Meditation

Sunday December 8, at 9 – 10:30 AM

Jewish History of the North Shore

Sunday, December 15, at 10 AM

Ladies Latkes and Libations

Thursday, December 19, at 7 PM

Hats, Socks, Mittens for Clothing Drive DUE

Friday, December 15

Social Action Shabbat Service

Friday, January 17

Comedy Night

Saturday, January 25, at 8 PM

15th Annual Author Brunch

Sunday, March 22, at 10 AM

If you or someone you know has been sick, in the hospital, or needs some comfort, please contact Rabbi Adler: 978-927-3211 or rabbi.adler@tbabeverly.org