



## FROM THE RABBI

As we move into the summer months, I want to share some words from our annual meeting in June, as we held on to a beautiful book of gratitude created by our membership. I invite you to try this practice of saying blessings in the coming months, and to join us any time, particularly on Friday evenings at Lynch Park beginning July 11.

“Every day there is news that can make us want to retreat into ourselves, or hide under the covers. All that on top of whatever personal struggles life is bringing any of us at any moment. Throughout Jewish history, cultivating gratitude has long been one strategy to strengthen our resilience. Traditionally we are to begin our days with *Modah ani lefanecha* - “I give thanks to you, Source of all Life, for my life, this new day”. It is a regular practice, that no matter how late I am, how much I have to do, how much I want to reach for that smart phone to check my messages or read the news, that I begin the day with gratitude for life itself.

The Talmud, that vast resource of Jewish law and lore, teaches that we are to say one hundred blessings a day. For a traditional Jewish person who prays three times a day, says blessings before and after every meal, acknowledges the gift of sight and the ability to walk each morning, this prescription may not seem like a lot. But for the rest of us – *one hundred blessings*? And yet, if you try to begin the day with just one, you may be surprised with how many follow. When I open my eyes, I give thanks for another day. Before a meal, I give thanks for my food. When exercising, I give thanks for my body. When I look at a loved one I give thanks for that person. When I come home at the end of a long day, and flop down on my couch, I give thanks for shelter. See what I mean?

As long as we are *able* to give thanks, we can be certain that *we have something to be thankful for*. Even when the reality of suffering or loss cannot be changed, we try to change perspective. Blessings are found not just in the obvious ones we have received, but in those we helped create, and in who we become in the process.

Today we have a book filled with expressions of gratitude from members of this community, so we are already well on our way towards one hundred blessings if we just read it and remind ourselves of some of the greatest blessings of all: the people in our lives, and this sacred community.

I am grateful for all of you, for TBA, for a warm, caring, engaged community in which to raise our son. All of these things would not be possible without Deb Schutzman and Erin Lipkowitz as well as countless volunteers, in particular our leadership. Thank you to our Board of Directors for all you do. It's more than balancing the budget and making sure our building is up to date. We had conversations about tough topics, including how we respond to challenges we face as a Jewish community, and challenges in our country and world. Ken is a wonderful partner, and President, in all of this. Blessings and thanks for all we have done, all we have become and all we will do and will become.

Let's move forward in our meeting today with a blessing for the business we do to create and maintain tba. Blessed are you, Holy One, Sovereign of the Universe, who has sanctified us through your mitzvot and the commandment to busy ourselves with the needs of the community, *la-asok b'tzorkay tzibur*.

Rabbi Alison Adler

## Healing Service

Sunday, July 21, 4 – 6 PM

music, prayer, reflection, community

Open to all who are in need of healing of body and soul. For yourself, or for people you care about.

The key elements of the service will include a healing ambiance, music with Marcy, personal sharing, some chanting and a D'var Torah on the week's Parsha and the importance of self-care. Please come and help us create a healing community for ourselves and others.

Free childcare is available but you must let us know if you need it so we can plan accordingly –

Planning team: Jerry Schwartz, Deborah Noah, Deb Willwerth, Nicole Levy, Tom Cheatham, Marcy Yellin

contact Erin [office@tbabevery.org](mailto:office@tbabevery.org).

## FROM THE PRESIDENT

June 2 marked the 111<sup>th</sup> annual meeting of Temple B'nai Abraham. The morning was highlighted by welcoming two new members to the board, Bonnie Kaplan Goldsmith, and Diane Yates, and approving Bob Freedman as a Cemetery Trustee. We received our Gratitude Books (thank you Deb!). We also approved the 2019/2020 budget which was one of the more difficult budgets in recent years. So, in the interest of full transparency I'd like to explain what went into the budget.

One of the more challenging aspects of running Temple B'nai Abraham is carefully balancing our expenses with income while not losing sight of our greater mission. We have been very fortunate these past few years to run a "balanced budget." At the Congregational Meeting, the membership voted to approve the budget created by Tom Cheatham, Mike Katzenstein, Deb Schutzman, and the rest of the Finance Committee.

In my introductory remarks, I explained that while the budget indeed balances our anticipated income with our anticipated expenses it is lacking something very important.

Simply put, our sources of revenue are dues, school tuition, donations, fund raising, (thank you Sisterhood!), and our endowments. The Board works very hard to keep membership in TBA affordable and this means maintaining dues equal to or below what other area synagogues charge. In addition, we provide discounted dues to members with financial limitations so anybody who wants to be a part of our community can belong. Aside from very generous family donations for projects such as the lobby furniture, learning center rehab, chapel renovation, and office improvements, our ability to raise additional revenue

is limited to modest dues increases (while still keeping membership affordable).

On the expense side, Deb squeezes every penny out of every dollar. Sometimes this means putting off maintenance and making minimum repairs in the most economical way. Fortunately, several of our more handy members volunteer their time to make repairs free of charge. However, we pay for electricity, heat, insurance, plowing, cleaning, internet, food, and the monthly bulletin you are holding right now. And we make payroll every two weeks for our staff and teachers.

One way we balance the budget is by under-funding maintenance and not setting aside funds for unexpected expenses. For example, we had to significantly upgrade our security equipment, and one of our four rooftop HVAC units failed. Since these were unbudgeted, we had to dip into savings to pay for them.

I am often approached by congregants with great suggestions on how we can improve TBA. We all want to make our home to be the best it can be. Unfortunately, I have to explain that while their idea is great, we have no way to pay for it.

Don't get me wrong - we are very fortunate to be in this fiscal condition. Many synagogues are not. We have a very large, active volunteer base and the endowments created by the merger with Temple Shalom are lifelines. The Board, Finance Committee, and Executive Director will continue to work every day to strike a careful balance between what we bring in, and what we spend. Now, if it doesn't snow next winter and nothing breaks, that would be nice too.

Ken Hartman  
President

## IMPORTANT CHANGE TO TEMPLE DUES AND RELIGIOUS SCHOOL TUITION PROCESSING

In order for the temple to better manage our monthly finances, the Board of Directors, on the recommendation of the Finance committee has decided to change the accepted method of payment for dues and Religious School to be either payment in full in July or a monthly ACH withdrawal (July-June).

ACH, Automated Clearing House, is a secure electronic network for financial transactions. It allows you to authorize your bank to automatically transfer funds to TBA. This is not a new concept; you probably already make a number of payments using ACH.

This change is critical to our organization's fiscal well-being and long overdue. TBA has struggled in the past to forecast and manage monthly finances without a consistent and reliable flow of income. We will of course continue to work with every member to ensure that dues and Religious School tuition does not prohibit membership or Religious Education however, we do ask that special dues requests be made in July to enable us to adjust our budget accordingly.

As a result of this change you will only need to pay three months of dues prior to high holidays (July, August, September payments).

You will receive an ACH form with your dues statement in July.  
if you have any questions, please contact Deb Schutzman in the office  
978-927-3211 ext. 4, email: [deb.schutzman@tbabeverly.org](mailto:deb.schutzman@tbabeverly.org)

## IN THE COMMUNITY

### FAMILY PROMISE

On May 13 -16, our loyal team of TBA Family Promise volunteers recently provided dinner, evening and overnight coverage for Family Promise guests at Immanuel Church in Beverly. A big thank you to Fred Feldman for coordinating the meals and meal time coverage. Our volunteers who provided/contributed to the meals and meal time coverage – Linda Goodspeed, Sandy Freiberg, Fred Feldman, Suzie Cheatham, Marion Bailey, Jackie Cutler, Jeff Ulman, Ruth Helman, Allison Wolper and Sue Wolper. Our adventurous volunteers who provided overnight coverage – Mike Willwerth, Jim Younger, Tom Cheatham and Ken Golden

TBA supports Family Promise's "Taste the Promise" event at the Danversport Yacht Club on May 1st.

We had a big TBA turnout for the event, which had a live band, lots of food, a live auction and lots of fun! Thanks to all for supporting this very successful fund-raising event.



**The Family Promise Cardboard City** will be held at Patton Park in Hamilton on **August 3**. This is a family-friendly event to benefit Family Promise that we hope many TBA congregants will attend. Linda Goodspeed is also coordinating this, so contact her if you would like to help with the event: [lgoodspeed@icloud.com](mailto:lgoodspeed@icloud.com)  
Thank you and please contact me with any questions or interest in volunteering.  
Arnie Cowan | Phone: 508-843-7310 | [arnie.cowan@hp.com](mailto:arnie.cowan@hp.com)

### TBA DEEP SEA FISHING TRIP

**Sunday, July 14**

**Boat Departure from 1 Parker Street, Gloucester at 8:00 am. sharp**

Come sail the high seas with us on a half-day (**4 ½ hours**) deep sea fishing trip on one of the Yankee Fleet's party boats out of Gloucester harbor for additional info on pricing (cost ranges from \$38-49/pp)

Please visit [www.yankeefleet.com](http://www.yankeefleet.com)



Potential carpooling may be arranged, depending on sign-up, from TBA at 7:00 am sharp.

You can **register and pay directly** at [www.yankeefleet.com](http://www.yankeefleet.com) or by calling them at 855-546-3474.

We ask that you also sign up with Erin at the office so we can keep track of who is going.

Feel free to call, text or email trip organizers with questions:

Bonnie: [bgoldsmith@emersonhosp.org](mailto:bgoldsmith@emersonhosp.org), 508-523-1099

Arnie: [agolds001@yahoo.com](mailto:agolds001@yahoo.com) 781-864-9565

# hi

**haverim  
initiative**

**Our haverim initiative is up and running! Join the FUN!**

Haverim means "*friends*," and we're in the process of matching prospective and new members of the congregation to current ones.

You would be briefed on your role answering questions, sharing information, and perhaps attending an event with your match.

It's a small commitment with large benefits, please say **hi**.

To learn more, email Sandy Freiberg Kelliher at:  
[sfk824@gmail.com](mailto:sfk824@gmail.com)

# Safety and Security Training at TBA

All TBA members are invited to attend a security and safety training

Sunday, July 28 at 10 AM

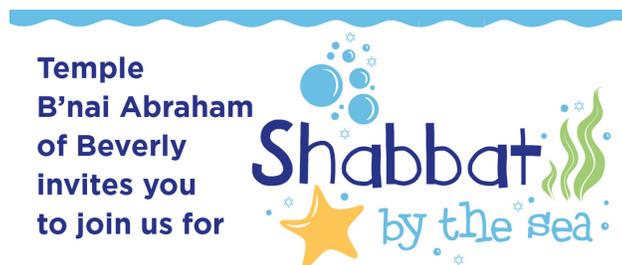
Sunday, August 8 at 6:30 PM

If you have any questions, contact :

Deb Schutzman: 978-927-3211 ext. 4, [debschutzman@tbabeverly.org](mailto:debschutzman@tbabeverly.org)

or Bernie Der : [bder55@comcast.net](mailto:bder55@comcast.net)

Sign up at the temple office



## Shabbat by the Sea at Lynch Park

- July 12 – Free Pizza** – PJ Library Shabbat Service with Marcy Yellin at 5:30 PM, dinner at 6:00 followed by dessert oneg after 6:45 PM. Bring a blanket or chairs and we will provide the pizza.
- August 16 – Free Pizza** – PJ Library Shabbat Service with Marcy Yellin at 5:30 PM, dinner at 6:00 followed by dessert oneg after 6:45 PM. Bring a blanket or chairs and we will provide the pizza.
- July 19 - Bring Your Own Picnic - 6 PM.** Bring a blanket or chairs and a picnic dinner. Service at 6:45 PM, followed by a dessert oneg.
- July 26 - Bring Your Own Picnic - 6 PM** Bring a blanket or chairs and a picnic dinner. Service at 6:45 PM, followed by a dessert oneg.
- August 2 - Bring Your Own Picnic - 6 PM** Bring a blanket or chairs and a picnic dinner. Service at 6:45 PM, followed by a dessert oneg.
- August 9 - Bring Your Own Picnic - 6 PM** Bring a blanket or chairs and a picnic dinner. Service at 6:45 PM, followed by a dessert oneg.
- August 23 Bring Your Own Picnic - 6 PM** Bring a blanket or chairs and a picnic dinner. Service at 6:45 PM, followed by a dessert oneg.



**In the event of rain, services will be held at TBA at 7 PM.**

# The Congregation is Grateful for the Following Donations

## **ALAN KAPLAN FUND**

Fran & Jordy Baker to Zellie and Harold Kaplan in memory of your beloved son, Alan Kaplan

## **GENERAL FUND**

Charles Raymond in memory of George Heller  
The Ferraro Family to the Gardner Family thank you for Isaac's first Bruin's game!  
Lisa Horowitz & David Huth in memory of Saul Axelrod

## **ONEG & KIDDUSH FUND**

Paul Weinberg Shabbat dinner in memory of his parents, Sam and Eve Weinberg  
Deborah Willwerth in memory of Saul Axelrod  
Deborah Willwerth in honor of reading Haftarah  
The Hano Family in honor of Jacob's Bar Mitzvah  
Joe Scholnick, Paul Weinberg, & the Ritual Committee for the Shloshim of Saul Axelrod  
The Greenberg Family in honor of Eli's Bar Mitzvah

## **RABBI'S DISCRETIONARY FUND**

Susan Wolper to Bruce and Anne Siegel, wishing you a special and Happy Birthday 50<sup>th</sup> Anniversary  
Susan Wolper to Kevin Tsukroff, congratulations College Grad! All good things ahead

## **SAM & EVE WEINBERG FUND**

Robert Freedman to Joel & Joan Joseph and Bonnie Delp, Mazel Tov on Mathew's graduation from High School  
Paul Weinberg to Megan and Jason Burak on the birth of their daughter, Harper Alexis

## **STERMAN/ISENBERG FUND**

Diane Isenberg to Jordy Baker, wishing you a smooth recovery

## **YAHRZEITS**

Barbara Younger in memory of Abraham Cohn  
Barbara Younger in memory of Helen Rooks  
Cheryl Brilliant in memory of Ida Alice Miller  
Robert Brilliant in memory of Dorothy Miller  
Robert Brilliant in memory of Sarah Peres  
Paul Weinberg in memory of Morris Weinberg  
Paul Shumsker in memory of Harold Shumsker  
Ellen Eisen in memory of Arthur Sidell  
Neil Todreas in memory of Nathan Todreas  
Cynthia Lann in memory of Carlton Lann  
Cynthia Lann in memory of Louis Lan  
Michelle Newman in memory of Sherry Courage  
Philip Goldberg in memory of Donna Gold-Gulko  
Leon Kirchner in memory of Bella Kirchner  
Karen Stearn in memory of Frank Silberstein  
Geraldine Gomery in memory of Paul Levin  
Robert Freedman in memory of Rachel Galbichick  
Robert Freedman in memory of Eva Freedman  
Richard Freedberg in memory of Rose Freedberg  
Cynthia Titlebaum in memory of Dave Titlebaum

Please excuse any omissions or errors

**Thank you for your donations**

Monday Night Supper Committee would like to thank  
Vivian Martell, Soup Maven



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**Content for September Bulletin is due**

**August 12**

**Send your content to: [editor@tbabeverly.org](mailto:editor@tbabeverly.org)**

**Monday Night Supper**

Adult and youth volunteers from Temple B'nai Abraham regularly prepare and serve dinner at First Baptist Church on Cabot Street, Beverly.

Please join us on the third Monday of the month.

Our next Monday Night supper date is:

**Monday, July 15**

**Monday, August 19**

We need help in the church kitchen and in the dining room anytime from 4:30 - 6:30 PM

Visit our Facebook page

or watch for our weekly email with information updates.

**Service Hours at Temple B'nai Abraham:**

Weekdays: Mondays and Thursdays 6:55 AM

Shabbat: Friday 7:00 PM and

Saturday 9:00 AM

Sunday: 9 AM

**Temple Office Hours:**

Mondays, Tuesdays, Thursdays, and Fridays

9:00 AM – 2:00 PM

**Upcoming Events at TBA**

**TBA Deep Sea Fishing Trip**

Sunday, July 14, 8 AM

**Healing Service**

Sunday, July 21, 4-6 PM

**Shabbat by the Sea – Free Pizza**

Friday, July 12, and Friday, August 16

**Shabbat by the Sea – Bring Your Own Picnic**

Friday, July 19, 26 and Friday, August 2, and 9, 23

**Safety and Security Training at TBA**

Sunday, July 28 at 10 AM

Sunday, August 8 at 6:30 PM

**Family Promise Cardboard City**

Saturday, August 3 at 7:30 PM

If you or someone you know has been sick, in the hospital, or needs some comfort, please contact Rabbi Adler: 978-927-3211 or [rabbi.adler@tbabeverly.org](mailto:rabbi.adler@tbabeverly.org)

