



### From the Rabbi

In “Parenting Through a Jewish Lens”, a monthly class designed by people at Hebrew College, fourteen parents with kids aged 1-9 discussed the topic, “Infusing Our Lives with Meaning”. We discussed the importance of questioning and seeking meaning, not just learning things by rote – at all ages. We talked about the reality of our challenging daily lives, and reflected on various teachings, the Shema and morning prayers of gratitude. We talked about “rituals” or moments from our childhood that brought us joy, connection, meaning.

Here is some of what came out of a beautiful and honest conversation:

- Jewish blessings and mindfulness can help us awaken with gratitude, and cultivate compassion for ourselves as imperfect humans and parents (or other roles in our lives). Every moment is an opportunity for holiness.

- Shema Yisrael – Listen Israel – Yisrael literally means “God-wrestler” and it is our heritage to wrestle, question, and not always have answers.
- Questioning, learning, gratitude and compassion can infuse our lives with more meaning.

These are themes that we can all always explore in our lives, at any time.

With that in mind, I would like to hear from you.

What family ritual or routine was/is meaningful for you as a child, or as a parent or grandparent? Send me an email: [rabbi.adler@tbabeverly.org](mailto:rabbi.adler@tbabeverly.org) with your answer(s) or give me a call.

Blessings to all as we enter 2020.

Rabbi Alison Adler

### North Shore Chevra Kadisha Update

Dear Friend,

On November 19, 2019, the North Shore Rabbis and Cantors Association, (NSRCA) held a meeting at Temple B’nai Abraham in Beverly to discuss the potential of forming a North Shore Chevra Kadisha soon. At that meeting, members of the Community Hevra Kadisha of Greater Boston addressed us and answered our questions. We heard from representatives of local Jewish funeral homes who were also in attendance. After the meeting, we sent out a Doodle poll to over 35 people who attended that session. The response thus far has been incredibly positive, and we are planning a training session which will be announced and held soon. If you are interested in getting involved in taking part in this great mitzvah, please answer a few simple questions on our Doodle poll. Be sure to let us know of any special ability you may have as well.

Link to Doodle Poll: [#https://doodle.com/poll/9cfzxw2q32pqfsh3](https://doodle.com/poll/9cfzxw2q32pqfsh3)

Thank you!

Rabbi David Meyer - Rabbi Richard Perlman

### Are You Interested in an Adult Bar/Bat Mitzvah Class??

Maybe you never celebrated one,  
maybe you want a "do over" as a more meaningful experience.  
If so contact [rabbi.adler@tbabeverly.org](mailto:rabbi.adler@tbabeverly.org) to find out more details.

## From the President

**Every so often, we experience something so impactful and unexpected that it makes us pause and think about things a little differently.** Thursday, December 5, was one such experience.

Temple B'nai Abraham is a Partner with the Ruderman Synagogue Inclusion Project of CJP. A grant from this foundation helped us to build our new ramp. Twice a year, Ruderman partner organizations get together to learn to make synagogues more inclusive of people with all abilities. This year, the Ruderman Foundation is focusing on building Synagogues' inclusion of people with mental or intellectual challenges. This population is actually larger than people with physical challenges!

The keynote speaker for this event was Rabbi Bradley Artson who is the father of Jacob who has Autism Spectrum Disorder and is nonverbal. Rabbi Artson spoke eloquently about his family's search for a Temple which would accept and celebrate Jacob for who he is. It was heartbreaking to hear of their experiences to find their "forever" synagogue.

People with Autism Spectrum Disorder frequently have one thing that triggers vocal or physical expressions. In Jacob's case, it is Torah. Whenever the Torah is removed from the arc, Jacob can't contain his joy and excitement. No matter how hard he works to keep it together during the service, when the Torah comes out, Jacob jumps up and dances.

Unfortunately, members of congregations who Rabbi Artson sarcastically call "keepers of the faith" made it a point to express their displeasure with having Jacob attend services. They would confront Rabbi Artson or his

wife or go around them and talk with temple leadership to "do something."

Finally, the Artson family attended a service at a new congregation and right on cue, Jacob jumped up at the sight of the Torah and began performing an enthusiastic Hassidic dance. However, after this service, one congregant approached the family and said "that was the Holiest thing that ever happened at this Shul." The Artsons had found their forever home.

That got me thinking - how well do we support congregants and visitors with mental and intellectual challenges? While physical challenges are easier to see, mental and intellectual disabilities may not be immediately apparent.

One hallmark of Temple B'nai Abraham is our inclusiveness. We are very much a "come as you are" Temple. However, we must continue to look for ways to understand special needs - especially mental and intellectual, and make room for everyone under our Tallis.

Rabbi Artson made a very good point: there are only two kinds of people in the world. Those with disabilities those who do not yet have disabilities. It is incumbent on all of us everything we can now because at some point, we will be on the other side.

If you are in need of an uplifting experience, read Jacob Artson's Mensch Blog. He has graduated from high school and is now setting his sights on college.

Ken Hartman, President

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## Me'ah Class

Judaism and Science Talk To Each Other: A Class for Believers, Skeptics, Scientists, and Thinkers of all Kinds"

**Instructor:** Rabbi Richard "Rim" Meirowitz

**Meets:** Wednesday evenings, 7:00 – 9:30 p.m., beginning February 5.

**Full class schedule:** Feb. 5, 12, 26; March 4, 11, 18, 25; April 1, 22, 29.

**Snow/sick days:** June 3 and June 10.

Cost: \$250 for temple members, \$350 non temple members. Financial aid is available

<https://hebrewcollege.edu/meah-select-classes-at-temple-bnai-abraham-beverly-2019-2020/>

## Sunday Morning Meditation Continues! Every Sunday from 7:30-8:15 am.

No experience necessary. An opportunity to sit in silence and begin the day with gratitude and quiet.

A replenishing gift to ourselves!

Please contact Jerry Schwartz at 978-500-8769/978-468-6089 with any questions.

RSVP to [office@tbabeverly.org](mailto:office@tbabeverly.org) or 978-927-3211 ext. 3.

## Cantor Siegel Genesis Class Continues!

Thursdays in the TBA Library, at 10 AM. Drop-ins and newbies are always welcome! Free and open to all!

## Sisterhood Book Club

The TBA Book Club will meet on Thursday, February 6, 7:30 PM, at the home of Linda Feldman. We will be discussing *Inheritance* by Dani Shapiro. All are welcome to join us. Please contact Linda to RSVP and for directions at: [frelinfeldman@gmail.com](mailto:frelinfeldman@gmail.com)

## December Board Update

Rabbi Adler spoke about her upcoming Hanukkah column in the Jewish Journal and the themes of courage, hope and memory. She encouraged us to “be with the light and enjoy the light” when we are lighting candles. She also mentioned that The Rabbi is meeting with six people who are potentially interested in conversion. Some are teenagers.

Larry Taitelbaum touched on the Jewish War Veterans Post 220 – the only JWV group north of Boston. Meetings are held in Peabody. Contact Larry at [larrytiphone@gmail.com](mailto:larrytiphone@gmail.com) for more info.

There will be a gathering for new members on January 5<sup>th</sup> from 3:00 – 5:00 pm at the home of Ken Hartman.

The Executive Director reported that our online event registration is up and running. This year’s Gala which will include the Northshore Music Theatre’s performance of “Thoroughly Modern Mille” will be June 9 look for more information to follow. If you are interested in helping to organize this year’s Gala event please email [deb.schutzman@tbabeverly.org](mailto:deb.schutzman@tbabeverly.org).

The Board reviewed the current financial report and recommendations from the Finance Committee.

Last month we held an enjoyable and successful game night with about 20 people including some new members. A successful brotherhood breakfast was also held last month.

There will be two new Neighborhood Shabbat events: January 31 and May 1. Contact Linda Goodspeed if you are interested in attending or hosting. [lgoodspeed@icloud.com](mailto:lgoodspeed@icloud.com)

Working with our colleagues at the Ruderman Foundation, the Board is continuing to explore ways to enhance the Temples accessibility and inclusion.

Respectfully submitted by *Bonnie Goldsmith* on behalf of the TBA Board

## Up Coming Events in 2020

### Social Action Shabbat, Friday, January 18, 7 PM



This year we are honoring the **Beverly Multifaith Coalition** with the **Leah Shriro Award for Social Action**. The Multifaith Coalition is a group of faith leaders in our community who meet regularly to engage with the differences and commonalities among our various faith traditions as a tangible way to promote respect, understanding, and peace in our community. They host programs such as a Thanksgiving Service and educational forums and also respond to issues that impact our community and world. After the tragic shootings at the Tree of Life Synagogue in Pittsburgh on October 27, 2018, the Multifaith Coalition—and the members of their faith communities—joined with us on the following day to fill our sanctuary with love and prayer to counter the hateful act earlier that weekend.

This special Shabbat service takes place on the Friday night before Martin Luther King Jr. Day. Join us for hors d'oeuvres at 6:30. The service itself will start at 7 and will be a mix of traditional liturgy and readings and songs that bring forth themes of Dr. King's life and work and Jewish teachings around social justice followed by a special oneg.

We hope you will join us to honor the Beverly Multifaith Coalition and in remembrance of Leah Shriro herself. Leah was a strong advocate as the former chairperson of the Social Action Committee, longtime TBA member, parent, School Committee member, and co-chair for the creation of our beautiful Memorial Garden. Please RSVP to [office@tbabeverly.org](mailto:office@tbabeverly.org) or 978-927-3211 ext. 3.

# TBA'S 16TH ANNUAL COMEDY NIGHT

An Evening of Laughter featuring...

# MARION GRODIN



Don't miss the chance to see this very funny woman in action!

**SATURDAY, JANUARY 25 • 8:00 PM**

Temple B'nai Abraham, 200 E. Lothrop Street, Beverly  
\$40 per person includes beer, wine and a dessert buffet

“Tell your own joke” featuring Leo Berman  
and great raffle items!!!

**MARION GRODIN** has made a name for herself as one of the funniest working stand-up comedians today. In New York City, she is a regular at all the top clubs. On television, Marion has been seen on NBC's *Late Night with Conan O'Brien*, Metro Channel's *New Joke City with Robert Klein*, *Inside Edition*, *The Charles Grodin Show* and ABC's *The View*.

“ Marion Grodin, daughter of funnyman Charles Grodin, knows firsthand that laughter is truly the best medicine, having not only survived breast cancer and divorce, but also, various addictions – including an inappropriate relationship with Haagen Dazs. ”



Temple B'nai Abraham  
TO LEARN. TO LOVE. TO LIFE!

200 E. Lothrop Street, Beverly, MA 01915  
[tbabeverly.org](http://tbabeverly.org)

For more information or to reserve your seat or table,  
contact Erin at Temple B'nai Abraham: 978-927-3211 ext. 3

# Want challah?

Please mark your calendar with our two  
Neighborhood Shabbat Dinners in 2020:



**Our potluck dinners are a great way to meet new people  
or gather with old friends in a relaxed environment.**

And what's better than a shared meal with good company?  
We have options for dinners that are adults only or family focused.

We know our members cherish these neighborhood dinners because you've  
told us - and because I've been to quite a few and they truly are warm and wonderful.

If you want to hear more about what it's like to host a meal or be a guest,  
or just want more information, please email me at [lgoodspeed@me.com](mailto:lgoodspeed@me.com).

You can also send your RSVP to the TBA office at

**REGISTER HERE** or **978-927-3211 ext. 3.**

**Looking forward to seeing you around the Shabbat table in 2020!**

**Linda Goodspeed**



# The Congregation is Grateful for the Following Donations

## CEMETERY FUND

Robert Freedman to the Kossover Family,  
condolences on the loss of Annette  
Kossover

## GENERAL FUND

Bonnie & Arnie Goldsmith to Leslie and Rick  
Colten, deepest sympathy on the loss of  
your dad

Ann Marie Gombus to the Averill Family,  
with loving thoughts and blessings for you  
Lauren, your husband and family

Edward & RosaLee Goldstein to the Kossover  
Family, in memory of Annette Kossover-  
Great lady, teacher, dog lover, and friend

Lisa Horowitz & David Huth to the Bloom  
Family in memory of Helen Bloom

## HEBREW SCHOOL FUND

Robert Freedman to the Kossover Family,  
condolences on the loss of Annette  
Kossover

## ONEG AND KIDDUSH FUND

The Wallace and Miller Family in honor of  
Tyler Wallace's Bar Mitzvah

## SOCIAL ACTION FUND

Lisa Horowitz & David Huth to Rick Colten on  
the loss of his father

## YAHRIET FUND

Gail Kurman in memory of John Woodhouse

Richard Dinkin in memory of Eva Dinkin

Susan Dinkin in memory of Florence Spatrack

Susan Dinkin in memory of Willaim Spatrack

Jackie Newman in memory of Edna Miller

Helen Goldberg in memory of Melvin  
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Deborah Willwerth in memory of Eric  
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Arrington

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CharlotteFreeberg

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Cady Ann Goldfield in memory of Frances  
Goldfield

Joan Heller in memory of Lois Goff

Owen Gursh in memory of Herman Grush

Geraldine Gomery in memory of Norman  
Levin

Robert Freeman in memory of Tamara  
Freedman

Robert Freedman in memory of Bessie  
Freedman

**Thank you for your donations - Please excuse any omissions or errors**



# January 2020 4 Tevet 5780 - 5 Shevat 5780

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 4 TEVET New Year's Day	2 5 TEVET Adult Ed with Cantor Siegel 10:00 am/Religious School 4-5:30 pm	3 6 TEVET 4:04	4 7 TEVET Vayigash ca htmun
5 8 TEVET Meditation with Jerry Schwartz 7:30 am/Religious School 9:00 AM	6 9 TEVET	7 10 TEVET ⚡Fast of the Tenth of Tevet	8 11 TEVET Meah 7:00-9:30 pm	9 12 TEVET Adult Ed with Cantor Siegel 10:00 am/Religious School 4-5:30 pm	10 13 TEVET 4:11	11 14 TEVET Veyechi ca htmun
12 15 TEVET Meditation with Jerry Schwartz 7:30 am/Religious School 9:00am/Parenting Through A Jewish Lens 10:30 AM	13 16 TEVET	14 17 TEVET Board Meeting 7:00 pm	15 18 TEVET Meah 7:00-9:30 pm	16 19 TEVET Adult Ed with Cantor Siegel 10:00 am/Religious School 4-5:30 pm	17 20 TEVET 4:19 Social Action Shabbat 6:30 pm	18 21 TEVET Shemot ca htmun
19 22 TEVET Meditation with Jerry Schwartz 7:30 am	20 23 TEVET Martin Luther King Day Monday Night Supper 4:30-6:30pm	21 24 TEVET	22 25 TEVET Meah 7:00-9:30 pm	23 26 TEVET Adult Ed with Cantor Siegel 10:00 am/Religious School 4-5:30 pm	24 27 TEVET 4:28	25 28 TEVET Va'era ca htmun Comedy Night 8:00 PM
26 29 TEVET Meditation with Jerry Schwartz 7:30 am/Religious School 9:00am	27 1 SHEVAT ⚡Rosh Chodesh Shevat	28 2 SHEVAT	29 3 SHEVAT Make up class -Meah 7:00-9:30 pm	30 4 SHEVAT Adult Ed with Cantor Siegel 10:00 am/Religious School 4-5:30 pm	31 5 SHEVAT 4:37 Neighborhood Shabbat-No services at TBA	



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**Professional Staff:**

Alison Adler	Rabbi
Deborah Schutzman	Executive Director/ Education Director
Erin Lipkowitz	Admin. Assistant

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**Content for February Bulletin is due  
January 12**  
Send your content to: [editor@tbabeverly.org](mailto:editor@tbabeverly.org)

**Monday Night Supper**



Adult and youth volunteers from Temple B'nai Abraham regularly prepare and serve dinner at First Baptist Church on Cabot Street, Beverly.

Please join us on the third Monday of the month.

Our next Monday Night supper date is:  
**Monday, January 20**

We need help in the church kitchen and in the dining room anytime from 4:30 - 6:30 PM

Visit our Facebook page

or watch for our weekly email with information updates.

**Service Hours at Temple B'nai Abraham:**

Weekdays: Mondays and Thursdays 6:55 AM

Shabbat: Friday 7:00 PM and  
Saturday 9:00 AM

Sunday: 9 AM

**Temple Office Hours:**

Mondays, Tuesdays, Thursdays, and Fridays  
9:00 AM – 2:00 PM

**Upcoming Events at TBA**

**Sunday Morning Meditation with Jerry Schwartz**  
Sundays at 7:30 – 8:15 AM

**Cantor Siegel's Genesis Class**  
Thursdays at 10 AM

**Social Action Shabbat Service**  
Friday, January 17

**Comedy Night**  
Saturday, January 25, at 8 PM

**Neighborhood Shabbat**  
Friday, January 31

**15<sup>th</sup> Annual Author Brunch**  
Sunday, March 22, at 10 AM

If you or someone you know has been sick, in the hospital, or needs some comfort, please contact Rabbi Adler: 978-927-3211 or [rabbi.adler@tbabeverly.org](mailto:rabbi.adler@tbabeverly.org)